CCHS Suffers From Funding Shortages

Funding shortages are causing program and staff reductions at CCHS, the medical school program on the Tuscaloosa campus. Residents and faculty positions have not been affected. But CCHS has eliminated eight staff positions, the newsletter and the position of newsletter editor.

CCHS includes two major educational units: a Family Practice Residency Program, which provides three years of training, and training for up to 50 third- and fourth-year medical students. These students come to the Tuscaloosa campus after having completed the first two years of medical school at the main medical school campus in Birmingham. "Our Family Practice Residency Program is one of the largest and perennially most productive programs in the Southeast, and it is gaining attention nationally. A large percentage of the graduates have gone into practice in small towns and rural areas in Alabama and the region, where doctors have long been badly needed," said Dean Roland Ficken. "The medical school program here has produced a higher percentage than the national average of graduates who have chosen careers in family practice, although many of them are distinguishing themselves in other specialties as well."

DCH Regional Medical Center recently approved an increase of $300,000 per year for three years in additional support for the residency program. The increase just approved by the DCH Board brings the total to $1 million per year.

In addition, DCH and CCHS are working to develop an outpatient clinic.

Awards Presented to Outstanding Medical School Graduates

Twenty senior medical students at CCHS graduated from the University of Alabama School of Medicine in May, 1995. Honors Convocation for graduating medical students on the Tuscaloosa campus was held on Saturday afternoon, May 20, 1995. Departmental awards, faculty recognition, and special scholastic awards were presented during the Honors Convocation. Hoyt Abser Childs, III (Tres), M.D., won multiple recognition at Honors Convocation. Dr. Childs received the Surgery Award and the Teresa Finney Memorial Award from the Obstetrics and Gynecology Department. He also earned the Scholastic Achievement Award for the highest grade point average during his two clinical years at CCHS, and was a co-winner of the James H. Akers Memorial Award for successfully demonstrating the art and science of the practice of medicine.

Henry Townsend, M.D., received the Pediatrics Award and shared the Peter Bryce Award from the Psychiatry Department with Edward Perry, Jr.

CCHS Discontinues

Reductions in higher education funding have resulted in cost-saving measures throughout the College. The On Rounds newsletter has been deleted from the budget which begins October 1, 1995. This On Rounds will be the final issue until CCHS recovers from its current budget cuts, said Dean Roland Ficken. He hopes to avoid other cuts which may more directly affect the training program, but he has already announced some staff layoffs.
Twentieth Class Graduates From Residency Program

Dr. Huggins is past president of the Georgia Academy of Family Physicians. Each department of CCHS presented an award for outstanding work in that field. Honorees were:

- **Family Practice**: Dwight Harper, M.D.
- **Internal Medicine**: Jimmie Clark, M.D.
- **OB/Gynecology**: Beverly Joseph, M.D.
- **Pediatrics**: Craig Frederick, M.D.
- **Psychiatry**: Kelly Elmore Hunter, M.D.
- **Surgery**: Wayne Kelly, M.D.
- **Future**

Melissa Brininger, M.D., received an award for completion of the Obstetrics Fellowship, and resident Angela Powell, M.D., received the Veterans Affairs Fellowship, and resident Angela Powell, M.D., received the Veterans Affairs Fellowship. Guest speaker was Catherine Huggins, M.D., of Stone Mountain, Georgia, who served as chief resident of the program in 1982. A native of Brookwood, Dr. Huggins is past president of the Georgia Academy of Family Physicians.

The 1995 CCHS Family Practice Residency graduates (posed at their graduation dinner) and their immediate destinations for practice or further training are:

- **Second-Year Resident**: Craig Frederick, M.D., received the Pediatrics Award at the Residents' 1995 Annual Graduation cere-...
Class of 1997 Arrives at CCHS

George Andrew Corbett (Drew) is from Bay Minette, Alabama. He received his B.S. degree in Biology from Tulane University in New Orleans, Louisiana. Drew is single.

William Elvin Crawford is from Greensboro, Alabama. He received his B.S. degree in Biology from The University of Alabama. Elvin is married.

Brady Edgar Jacobs is from Miami, Florida. He received his B.S. degree in Biology from Samford University in Birmingham. Brad is married.

Larry Ray Johnston is from Boaz, Alabama. He received his B.S. degree in Biology from The University of Alabama at Birmingham. Larry is married.

Jason Clay Junkins is from Centre, Alabama. Jason is a licensed funeral director and embalmer. He received his B.S. degree in Biology from Jacksonville State University. Jason is married.

Thomas Kevin Lackey from Gadsden received a B.S. in Biology from Jacksonville State University. Kevin is married and has two children.

Julie Anne Lamb is from Eutaw, Alabama. She received her B.S. degree in Secondary Education/Computer Science from The University of Alabama at Birmingham. Dan is single.

Charles Alan Ogles is from Ashland, Alabama. He received a B.S. in Biology from The University of Alabama. Alan is single.

James Lake Parker (Jay) is from Aliceville, Alabama. He received a B.S. in Biology from The University of Alabama. Jay is single.

Joi Michelle Robinson is from Birmingham, Alabama. She received a B.S. degree in Physical Therapy from Florida A&amp;M University in Tallahassee, Florida. Joi is single.

James Franklin Roper, Jr. (Jim) is from Anniston, Alabama. He received a B.S. degree in mathematics from Virginia Military Institute in Lexington, Virginia. Jim also has a Ph.D. in Pharmacology from The University of Alabama at Birmingham. Jim is single.

James Henry Rutland, III (Jim) is from Hueytown, Alabama. He received a B.S. degree in Chemistry from Mississippi State University. Jim has a nine month old daughter.

Jeff Lee Ryan received his B.S. degree in Chemistry from the University of Montevallo. Jeff and his wife, Ellen, have two children.

Erik Christian Summers is from Birmingham, Alabama. He received his B.S. degree from the University of Virginia. Erik is single.

David Theodore Verzino is from Tuscaloosa, Alabama. He received his B.S. degree in Electrical Engineering from Pennsylvania State University. David is single.

Patti Beth

Notes from Alums

Michael Grayson Simmons, a CCHS medical student who graduated from the University of Alabama School of Medicine in 1997, has recently started a Urology residency at Henry Ford Hospital in Detroit, Michigan. His new address is 20625 Anita, Harper Woods, Michigan 48225. Phone: (313) 881-4014 or 876-2662 (office).

Frank and Davetta Dozier live in Thomasville, Alabama, with their three children. Frank is an alumnus of the medical school at CCHS, and both Davetta and Frank graduated from the Residency Program here in 1985. For nine years they were partners in Family Practice there in Thomasville. Almost two years ago, Davetta gave up private practice to work part time at the Thomasville Mental Health and Rehabilitation Center as a family physician for about busy children!

Richard H. Streiffer, a 1980 graduate of the Family Practice Residency Program, has been developing a new community Family Practice residency in Baton Rouge since 1993. The Baton Rouge General Medical Center Family Medicine Residency opened in July, 1995. Dr. Streiffer was previously Director of Predoctoral Education at Louisiana State University School of Medicine in New Orleans, where he earned his M.D. in 1977. At LSU, he developed a junior clerkship in Family Practice, which is now required. He spent 1985-90 in Denver, Colorado, as faculty member and then Director of the Mercy Family Practice Residency. Contact him at: 5441 Moss Side Lane, Baton Rouge, Louisiana 70808. (504) 381-6620.

Alumni Update Form

University of Alabama School of Medicine
Tuscaloosa Program
College of Community Health Sciences

Check here:  CCHS Medical Student  Family Practice Resident

Name

New Address

Home Phone ( ) Area Code

Office Phone ( ) Area Code

M.D. degree awarded: Name of Medical School Date

Residency completed: Specialty Institution Date

Additional training:

Practice site:

S specialty institution Date

Place of employment:

Name of business, clinic, office Date

City State

Other personal/professional news to share (articles published, community service, presentations or courses taught, honors, elected positions, career changes, etc.)

Return to: Dean's Office CCHS
Box 870326, Tuscaloosa, Alabama 35487-0326
Board members of the Lister Hill Society met on May 31 at the University Club to review Society goals and to discuss ways to expand membership to include additional supporters of medical education. Membership in the Lister Hill Society supports the CCHS mission to train and place primary care physicians in underserved areas.

"At no time has the need for external support for the College been more pressing than it is right now," said Dean Roland Ficken. "Only 37 percent of our operating budget comes from the State of Alabama. This means that we must rely on external sources, including tuition, contracts and grants, to press on toward its goals."

Since the College's Family Practice Residency Program is now one of the largest in the nation, with 36 residents being trained at any given time. The College of Community Health Sciences (CCHS) at The University of Alabama is named for the late Alabama Senator who worked tirelessly to advance health care for all citizens. The Lister Hill Society supports the CCHS mission to train and place primary care physicians in underserved areas.

Mr. Bill Cassels; Wilmer J. Coggins, M.D., Vice President; Mr. Tommy Hester; Mr. Billy LaGrone; Ms. Alice Parker; Ms. Cathy Shamblin, M.D.; Ms. Julie Sittason; William W. Winternitz, M.D., President; and ex officio members Lorin A. Baumhover, Roland P. Ficken, Judith W. Hodges, and Vicki H. Johnson from the College of Community Health Sciences.

LISTER HILL SOCIETY

MEMBERSHIP CATEGORIES

- Corporate $10,000 & More
- Life $5,000

I pledge $ ______ annually in support of the Lister Hill Society at the College of Community Health Sciences. I understand that I can terminate this agreement at any time.

☐ My check is enclosed.
☐ Bill me: Annually ______ Semi-Annually ______ Quarterly ______
☐ Please make a payroll deduction of $______ per ______ from my ______.
☐ Please call me to discuss financial options and tax advantages from a gift to the College of Community Health Sciences.

SIGNATURE ___________________________ 

DATE ___________________________ 

Please return to: Dr. Roland Ficken, Dean, College of Community Health Sciences, The University of Alabama, Box 870326, Tuscaloosa, AL 35487-0326.

CCHS Medical Students
Get Hands-On Experience
and Problem-Solving Skills

"The medical students at CCHS have intense daily contact with faculty, see and follow care for their own patients, and write the daily progress report, researches and presents cases, works in both hospital and outpatient clinic settings, and takes call with the resident on call," says Dr. Winternitz, Professor of Internal Medicine and Director of Medical Student Affairs. Students in the CCHS program have an advantage because the program is small enough to allow each student to really get to know faculty and resident physicians and develop working relationships with them.

"Our students spend two to four hours a day everyday one-on-one or in small groups with faculty members. This time includes morning report, hospital rounds, and special conferences or problem-based learning (PBL) sessions," said Dr. Winternitz. Problem-based learning, a relatively new trend in medical education, has rarely been applied to the first two years of the medical school curriculum. This method of problem-solving appears to be very effective and is enthusiastically received by students. This is more like the real world of medicine," says Dr. Winternitz. Dr. Winternitz says that this "active learning" process appears to be very effective and is enthusiastically received by students. This is more like the problem solving they will do as physicians, he says. The questions are not presented to the students by the teacher but discovered and solved by the medical students. This is a method of problem solving they will use when the doctor must formulate and then find answers to the right questions.

"PBL has been applied to the first two years of the medical school curriculum at CCHS," said Dr. Winternitz. Medical school is "charting new territory by applying the PBL method to the clinical years," said Dr. Winternitz. CCHS started using PBL in 1991 during a pilot project initiated by retired Dean Will Coggins, M.D. PBL advocates James Philip, M.D., and Elizabeth Philip, M.D., have subsequently joined the CCHS faculty and are helping to shape the curriculum to include PBL. Natives of Scotland, the Phelpes came to CCHS from Bowman Gray School of Medicine at Wake Forest University in North Carolina, where they actively involved faculty and students in both PBL and OSCE (Objective Structured Clinical Examination), the assessment method which allows students to perform and be evaluated in simulated clinic settings with "trained simulated patients."

Medical students at CCHS are responsible for interviewing patients, researching medical problems discovered, presenting cases, and following their own patients. They also spend two months in the field during a rural rotation. This is a unique opportunity to work closely with a small-town doctor and learn community medicine. "This is real life medicine," says Dr. Winternitz. "Hands-on exposure to primary care. In our clinic in Tuscaloosa and in the regional hospital here, patients from the area may have had little prior care. We are doing primary care. There is a mix of simple and complicated cases," he added. "However, we get our share of unusual cases, and students work with all patients."

Medical students are also exposed to crises in medical care. "There is no experience in medicine comparable to treating a sick patient in the ER," said Dr. Winternitz. "And every fourth night, our students stay in the hospital overnight taking call with the on-call resident."

At the Capstone Clinic, students work in the different suites—Pediatrics, OB/Gyn, Family Medicine, Psychiatry, Internal Medicine—for 20% or more of their core clerkships. They are under the supervision of faculty and resident physicians.

"Doctor's office is a real pleasure to getting to know medical students who will be our future doctors," said Dr. Winternitz, who serves as advisor to CCHS students. He helps them with personal or professional dilemmas, career decisions, and future training opportunities.
Behavioral and Community Medicine Meets With Community-Based Faculty

Behavioral and Community Medicine held a joint meeting for campus faculty and community-based faculty on April 6 to share information and discuss the contribution of both to the mission of CCHS to prepare physicians for practice in rural and underserved areas. "This is the first time we have been able to get a large number of our faculty together," said Dr. James Leeper, Chair of Behavioral and Community Medicine, of the dinner meeting at the University Club. "We have wanted to do this for years, but it is extremely difficult to find a time when practicing physicians can leave their patients and academic faculty can schedule time together."

"It gave us an opportunity to hear from our adjunct clinical faculty who provide hands-on experience to CCHS medical students and residents, and it also gave faculty here a chance to share news from campus programs and committee planning," said Dr. Leeper. "We invite greater participation by our community-based adjunct faculty into curriculum planning, and we were pleased to hear from Dr. John Brandon and other CCHS physicians that they feel the lines of communication to CCHS are open and their involvement welcomed."

Dr. Richard Rutland of Fayette, who helped establish CCHS in the early 1970s, discussed how CCHS was founded—referring in detail to events recorded by his wife in a diary of the early efforts to charter this branch of the medical school.

Dr. John Wheat, Behavioral and Community Medicine faculty member and Director of the Agrimedicine Project, highlighted news from the Department of Behavioral and Community Medicine. He reported that 34 academically successful high school students would be on campus for eight weeks in the Rural Health Scholars Program. These students will take college-level chemistry and a writing course (for possible college credit) and participate in field trips and lectures to encourage their interest in and knowledge of medicine as a career. He also gave a report on the University of Alabama School of Medicine curriculum task force, which is charged with increasing the focus on primary care.

Community/Rural Medicine clerkships for third-year medical students have been highly successful, reported Dr. Wheat. He shared student comments from their evaluations:

"I arranged the rotation with no intention of ever moving to any rural area...I now can picture myself living in the area...I am planning a career in family practice and public health as a direct result of my participation in the Community/Rural Medicine clerkship."

"More than met my expectations during my clerkship and, in so doing, affirmed my choice of career as a family practitioner. I would recommend such an experience to medical students and residents regardless of their particular interest within the field of medicine."

"I became involved in discussions with a number of individuals in the community [to learn more about the county and its problems] including: my preceptor, the mayor, the probate judge, the hospital administrator, the Chamber of Commerce director, the State Department of Human Resources director, the ambulance service director, and the home health coordinator. Major areas of concern...[were] economy (poverty level subsistence), education, and lack of mental health and substance abuse programs."

Dr. John Brandon discussed the perspective of the practicing family physician in training future doctors. He said they enjoy the teaching and the contact with future colleagues.

The evening was concluded with an invitation to all participants to stay for a RAHA Rural Alabama Health Alliance business meeting led by Dr. William Owings of Bibb County. RAHA was formed to involve all sectors of rural communities in recruiting and retaining primary care physicians and to sharing resources and information between rural county mem-

New Residents Enter Family Practice Program

The CCHS Family Practice Residency Program welcomed eleven new physicians on July 1, 1995. Residents in Tuscaloosa spend three years in the program receiving training in all facets of medical practice. Residents treat patients at the Capstone Medical Center in two family practice clinics and they get hospital inpatient experience with patients at DCH Regional Medical Center and the Tuscaloosa Veterans Administration Medical Center. New resident doctors are:

- Ann Hart Drum, M.D., from Birmingham, graduated from Samford University and the University of Alabama School of Medicine (UASOM).
- Mike Dupé, M.D., from Pineville, Louisiana, earned his M.D. degree in May, 1995 from Louisiana State University Medical Center in New Orleans. His interests as intramural sports, running, weight lifting, hunting, fishing, and Cajun cooking. His wife's name is Leah. 
- Paul Fredette, M.D., graduated from Louisiana College in his hometown of Pineville, Louisiana. He earned his M.D. degree in May, 1995 from the University of Georgia, Athens. He has his interests as intramural sports, running, weight lifting, hunting, fishing, and cooking. His wife's name is Katherine. 
- Mike Dupé, M.D., is from Cartersville, Georgia. He graduated from the University of Georgia, Athens, and earned his M.D. in May, 1995 from Emory University School of Medicine in Atlanta, Georgia. He lists his interests as intramural sports, running, weight lifting, hunting, fishing, and cooking. His wife's name is Katherine. 
- Richard Rutland, M.D., of Fayette reviewed the early history of CCHS. 

Presently, Bibb, Fayette, and Pickens counties are RAHA members. Attending the Behavioral and Community Medicine dinner meeting and RAHA business meeting were James D. Leeper, Ph.D., CCHS; Richard O. Rutland, Jr., M.D., Fayette; John R. Wheat, M.D., CCHS; John E. Brandon, M.D., Gordo; William O. Owings, M.D., Centreville; Robert J. Butler, M.D., Centreville; Katherine A. Hensleigh, M.D., Butler; Ike Armstrong, Butler; William A. Curry, M.D., Carrollton; Ray Shepperd, MS III; William W. Dressler, Ph.D., CCHS; Kathryn Oths, Ph.D., UA; Garry W. Magouirk, M.D., Fayette; Richard Powers, M.D., Bryce Hospital; Colleen Beall, D.P.H., CCHS; M. Christine Nagy, Ph.D., CCHS; Chester E. Singleton, M.D., Greensboro; Elizabeth Ruben, M.D., Bryce Hospital; Albert T. White, Jr., M.D.; Tuscaloosa County Health Department; Michael McBready, M.D., Fairhope; M. Blane Schilline, M.D., Carrollton; Melissa Behringer, M.D., CCHS OB fellow; Lorin A. Baumhover, Ph.D., CCHS; William H. Lang, Jr., Carrollton; Earnestine J. Tucker, West Alabama Health Services, Eutaw; A. Robert Sheppard, M.D., Carrollton; Robert H. Garner, Ph.D., UA; Dan James, Bibb County; Harry J. Knopke, Ph.D., CCHS; UA; Robert H. McKenzie, Ph.D., UA; April Brown and Julie Thorn, Rural Health Scholars (UA undergraduate students).
backpacking. He is single.

Paul Guilbaud, III, M.D., from New Orleans, graduated from Notre Dame and earned his M.D. in May, 1993 from Louisiana State University School of Medicine. He is single, and his interests include golf, weight lifting, football, jogging, and sky diving.

Kent Kanastni, M.D., is from Baton Rouge, Louisiana, and graduated from Louisiana State University in his hometown. He completed medical school at Louisiana State University School of Medicine in May, 1995. He is married to Tracy and enjoys playing guitar and piano, composing poems and music, and the outside sports—football and baseball.

Clint McIntyre, Jr., M.D., is from Blakely, Georgia. He attended the University of Georgia in Athens and Georgia Tech in Atlanta. He completed his clinical years at CCHS and graduated from UASOM in June, 1995. He enjoys outdoor activities, all sports, and animals (especially birds). He and his wife Kellie have a nine-year-old son, Jordan.

Tracey Miles, M.D., of Port Mitchell, Alabama, graduated from Mercer University in Macon, Georgia, and the University of Alabama School of Medicine (UASOM). She spent her clinical years of medical school at CCHS, finishing in June, 1995. She is single and enjoys piano, singing, walking, and movies.

Chris Sward, M.D., graduated from Davidson College (in North Carolina) and Emory University School of Medicine in Atlanta in May, 1995. He enjoys sports, especially golf and softball, bicycling, and playing the guitar. His wife's name is Lisa.

David Williams, M.D., from Bartlesville, Oklahoma, graduated from Baylor University in Waco, Texas, and in May, 1995 received his M.D. degree from the University of Oklahoma College of Medicine. He is single and enjoys fishing, hunting, basketball, volleyball, and college sports.

David Zielinski, M.D., is from Merrillville, Indiana. He graduated from Loyola University and Rush Medical College, both in Chicago, Illinois. He is single and his interests are music, sports, literature, art, and motion pictures.

The University of Alabama School of Medicine, Tuscaloosa Program, conducted examinations of senior medical students in June. During the test, trained volunteers from the community acted as patients pretending a set of symptoms and a medical history which the student had to elicit during his or her "examination" of the "patient." Students were judged on how thoroughly they questioned and examined the "patient" and on their interpersonal skills.

The test was directed by Elizabeth Philp, M.D., Associate Professor of Family Medicine at the UA College of Community Health Sciences, a branch of the medical school here in Tuscaloosa. Pat Norton, Medical Education Facilitator at the College of Community Health Sciences, was the standardized patient trainer. The test was held in the new Claude Harris Building at the Veterans Affairs Medical Center on a vacant floor that will soon be filled with patients. Dr. Philp developed procedures for the "OSCE" (Objective Structured Clinical Examination) at Bowman Gray School of Medicine (Wake Forest University in North Carolina) before coming here as a faculty member and family physician at Capstone Medical Center. Volunteers were recruited from both The University and the community to assist with the details of the finely tuned testing situation. Helping with the exam were Dan Board, Steve Borrelli, Sada Brown, Shannon Causey, Aimee Chism, Robert Colburn, Earnestine Collins, James Cowden, Steve Danford, Kristi Englebert, Terry Ernsberger, Nicolle Escurries, Angie Giglott, Sarah Hagler, John Hamilton, Liz Henry, Edward Henson, Bob Hepburn, Lee Ann Herrin, Bobby James, Trico Keene, Oliver Kellams, Molly Marlin, Myles Marques, Elizabeth Marsh, Wayne McDaniel, Burdell Page, Dame and earned his M.D. in May, 1995 from Louisiana State University School of Medicine. He is single, and his interests include golf, weight lifting, football, jogging, and sky diving.

Dr. Philp is conducting research with the National Board of Medical Examiners regarding training volunteers to be "simulated patients" and to evaluate the clinical skills of future doctors of America.

Volunteer James Cowden simulates a stroke victim during his examination by medical students during OSCE. 155 medical students from all three UA School of Medicine campuses participated in the OSCE.

OSCE Gives Medical Students a Chance to Show Their Skills

Elizabeth Philp, M.D., left evaluates a Birmingham medical student as she counsels volunteer Earnestine Collins, right, a simulated patient who has just learned she has a terminal illness.

Surgery Chiefs Named

Joseph C. Wallace, M.D., has been appointed as Discipline Chief of the Department of Surgery for the College of Community Health Sciences, and Timothy W. Winkler, M.D., has been appointed Associate Discipline Chief. "We are most fortunate to have recruited these two surgeons who bring a great deal of interest, enthusiasm, and energy to our surgical programs," said Dean Roland Ficken, in announcing the appointments.

Dr. Joe Wallace graduated from The University of Alabama in 1978, and received his M.D. degree from the University of Alabama School of Medicine in 1982. He completed his internship and residency in general surgery at the University of South Alabama Medical Center. He is certified by the American Board of Surgery, and he is a candidate for the American College of Surgeons. He has served as a clinical assistant professor at CCHS since 1987. He and his wife Henrietta have three children.

Dr. Tim Winkler received his B.S. degree in Biology from Oklahoma Christian College in 1982. He graduated from the University of Alabama School of Medicine in 1988, and he trained in his surgery specialty at Mayo Graduate School of Medicine. He is a Board certified surgeon, and he served as general surgeon at Nashville Memorial Hospital in 1993 after completing residency training. A member of the American College of Surgeons and the Priestly Society since 1993, he has been a clinical assistant professor of Surgery at CCHS since 1994. He and his wife Camille have two young children.

Dr. Wallace (left) and Dr. Winkler (right) with Terri Childs, Surgery Award winner at Honors Convocation last May.
Dr. James Leeper, Professor and Discipline Chief of Behavioral and Community Medicine at CCHS, received one of four 1995 Outstanding Commitment to Teaching Awards from The University of Alabama National Alumni Association.

Dr. Leeper’s primary teaching responsibilities include teaching biostatistics and epidemiology and supervision of medical students during their Community/Rural Medicine Clerkship in rural areas.

His current research activities include work in infant mortality, rural health, health status of Alabama and mental health in primary care. His work in these areas and others have resulted in numerous refereed papers, presentations, and book chapters.

Nationally, Leeper serves on several committees for the American Public Health Association and the American Statistical Association. In Alabama, he serves on the West Alabama Regional Perinatal Advisory Committee and the State Perinatal Advisory Committee. At UA, he has served on 13 M.S. committees and 67 Ph.D. committees.

He serves on the Graduate Council and the Research Grants Committee and just completed a term as co-chair of the Faculty Senate’s Finance Committee. Leeper earned his B.A. (Phi Beta Kappa), M.S. and Ph.D. from the University of Iowa.

The annual Outstanding Commitment to Teaching Awards are given by the UA National Alumni Association.

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**Grand Rounds Fall Schedule**

**University of Alabama School of Medicine - Tuscaloosa Program**

**September 1995 - December 1995**

Grand Rounds is a series of Continuing Medical Education (CME) lectures produced by CCHS and sponsored by a number of health and medical organizations and pharmaceutical companies, including Abbott Laboratories, Alabama Department of Mental Health, Bristol-Meyers Squibb, CIBA-GIEGY Corporation, Glaxo, Genetech, Janssen Pharmaceuticals, Merck & Co., Park Davis, Pfizer Laboratories, Roche Laboratories, Rhone-Poulenc Rorer Pharmaceuticals, Roerig, Searle Laboratories, and The Upjohn Company.

Lectures are held every Friday in the Willard Auditorium, UA Educational Tower at DCH Regional Medical Center. Lectures begin at 12:15 p.m. and end at 1:15 p.m. CME credit is available. For more information, contact Vicki Johnson, CME Coordinator, Dean’s Office, CCHS, Box 870326, Tuscaloosa, AL 35487-0326. (205) 348-0993.

**DATE** | **SPREAD** | **TOPIC**
--- | --- | ---
**September 1** | Douglas A. Drossman, M.D., Professor of Medicine, Division of Digestive Diseases, University of North Carolina School of Medicine, Chapel Hill, North Carolina | "Irritable Bowel Syndrome"
**September 8** | Robert C. Bourge, M.D., Professor of Medicine, Division of Cardiovascular Disease, University of Alabama School of Medicine, Birmingham, Alabama | "The Therapy of Advanced Heart Failure: Medical and Interventionsal Options"
**September 15** | Steven L. Dubovsky, M.D., Professor of Psychiatry and Medicine; Vice Chairman for Clinical Affairs, Department of Psychiatry, University of Colorado School of Medicine, Denver, Colorado | "Overview of Antidepressants"
**September 22** | Richard R. Irons, M.D., Private Practice in Behavioral Medicine, Peachtree City, Georgia | "Sexual Boundary Problems in the Practice of Medicine"
**September 29** | Peter C. Pappas, M.D., Associate Professor of Medicine, Division of Infectious Diseases, University of Alabama School of Medicine, Birmingham, Alabama | "Tick-Borne Infections"
**October 6** | George H. Wolfe, Ph.D., Professor of English, The University of Alabama | FIRST FRIDAY CONFERENCE: "Religious Freedom and the First Amendment"
**October 13** | Patricia Perry-Books, M.D., Pediatrics, Riverchase Family Health Center, Birmingham, Alabama | "Substance Abuse"
**October 20** | Robert Kreisberg, M.D., Director of Medical Education, Baptist Hospital, Birmingham, Alabama | "Treatment of Dyslipidemia"
**October 27** | Christopher Moir, M.D., Assistant Professor of Surgery, Mayo Medical School, Rochester, Minnesota | "Abdominal Pain in Children"
**November 10** | Gerald L. Summer, M.D., Medical Director, Physician Recovery Network, The Medical Association of the State of Alabama, Montgomery | "Physicians and Substance Abuse"
**November 13-17** | **CANCER WEEK**
**November 13** | David L. Hinton, M.D., DCH Cancer Treatment Center, Tuscaloosa, Alabama, and S. Colleen Beall, D.P.H., Research Associate, Center for the Study of Aging, University of Alabama School of Medicine, Tuscaloosa, Program, College of Community Health Sciences | "Epidemiology of Cancer"
**November 14** | Sten H. Vermund, M.D., Ph.D., Professor and Chairman of Epidemiology, University of Alabama School of Public Health, Birmingham, Alabama | "Viral Related Carcinomas"
**November 15** | Merle M. Salter, M.D., Professor and Chairman, Radiation Oncology Department, University of Alabama School of Medicine, Birmingham, Alabama | "Radiation Therapy"
**November 16** | Donald M. Miller, M.D., Ph.D., Professor and Director, Division of Hematology/Oncology, University of Alabama School of Medicine, Birmingham, Alabama | "Chemotherapy"
**November 17** | Wesley L. Sprull, M.D., DCH Pain Clinic, Tuscaloosa, Alabama | "Advances in Pain Control"
**December 1** | Franck Avril, M.M., Professor of Oboe, School of Music, The University of Alabama | FIRST FRIDAY CONFERENCE: "Rheumatoid Arthritis"
**December 8** | Louis W. Heck, Jr., M.D., Associate Professor of Medicine, Division of Clinical Immunology and Rheumatology, University of Alabama School of Medicine, Birmingham, Alabama | NATICA BAHR MEMORIAL LECTURE "Premature Birth and Little Babies"
**December 15** | Robert L. Goldenberg, M.D., Charles E. Flowers Professor and Chairman, Department of Obstetrics and Gynecology at the University of Alabama at Birmingham, will speak on developments in treatment of prematurely born infants. The lecture, which is sponsored by Dr. David Bahar of Tuscaloosa in memory of his late wife, is presented annually to bring experts in all medical specialties to the CCHS Continuing Medical Education series.
**December 22** | Robert L. Goldenberg, M.D., Charles E. Flowers Professor and Chairman, Department of Obstetrics and Gynecology at the University of Alabama at Birmingham, will speak on developments in treatment of prematurely born infants. The lecture, which is sponsored by Dr. David Bahar of Tuscaloosa in memory of his late wife, is presented annually to bring experts in all medical specialties to the CCHS Continuing Medical Education series. | "Premature Birth and Little Babies" is the topic of the Natica Bahar Memorial Lecture on December 15, 1995. Robert L. Goldenberg, M.D., a specialist in Maternal-Fetal Medicine in the Department of Obstetrics and Gynecology at the University of Alabama at Birmingham, will speak on developments in treatment of prematurely born infants. The lecture, which is sponsored by Dr. David Bahar of Tuscaloosa in memory of his late wife, is presented annually to bring experts in all medical specialties to the CCHS Continuing Medical Education series.
**December 22** | Christopher Truss, M.D., Professor of Medicine, Division of Gastroenterology, University of Alabama School of Medicine, Birmingham, Alabama | "When to Treat Hepatitis C"
Successful Medical Students Proving Early Identification Works

Students “in the Pipeline” Becoming Physicians

Henry Townsend, who graduated from medical school here in May, is “one of the students we found in high school,” says CCHS Professor Harry J. Knopke, Ph.D. Actually, he says, his high school biology teacher at Central here in Tuscaloosa “found” him and “encouraged us to let him do some special work in the University’s Microbiology Department during high school.” He was not eligible for the BioPrep Program for rural high school students, but he did get a chance to do the work his teacher wanted for him. There were other students helped through BioPrep.

Cedric Harris is a fourth-year medical student at the College of Community Health Sciences (CCHS). He is also a native of Forkland in Greene County, a small community near Demopolis, Alabama. His mother, a Stillman College graduate, is a supervisor at a Vanity Fair manufacturer and his father manages a grocery store. His parents always stressed the importance of good grades and going to college, says Cedric, but he never considered medicine as a possible career until he was chosen one year to participate in the Biomedical Sciences Preparation (BioPrep) Program, a program for rural students. Harris, who was a high achiever in math and science and maintained the overall “B” average required to stay in the BioPrep Program, took accelerated courses in grades 8-12 at Paramount High School in Boligee. He said his interest in medicine was confirmed during the anatomy and physiology course he took in the 12th grade in which he had actual cases to research. He also thought that summer classes he took while living on campus encouraged him to pursue premed. While he worked for Drs. Perret and Peret in Demopolis, he met CCHS medical student John Crommett and Henry Townsend on rotation there and decided to come to CCHS to get the unique hands-on training provided in the CCHS settings.

Harry J. Knopke, M.D., a member of the University of Alabama Medical faculty at CCHS and also UA Vice President for Student Affairs, thinks that programs like BioPrep are important in the overall effort to find and help students who might otherwise not go into health sciences or other professional fields.

Dr. Harry Knopke speaks of “students in the pipeline,” when he talks about these programs. “University of Alabama programs which have identified and cultivated prospective premed and medical students while they are still in high school have had a pipeline effect,” he says.

The University’s Macy BioPrep Program in the late 1980s was assisting 35 rural schools with teacher training and support activities and on-campus summer programs for students in the BioPrep core curriculum classes in English, Social Studies, and accelerated math and science classes at their local schools.

“We maintained personal contact with all the students in the early years,” said Dr. Knopke, “and we have followed the first of these BioPrep students as they entered medical school and became physicians. Others have succeeded in law school, the MBA Program, and other graduate programs.”

As the program grew and more schools requested UA assistance, the travel time and costs became prohibitive, and The University developed a distance learning program through its Center for Communication and Educational Technology (CCET) in the Division of Student Affairs.

CCHS Alums Contributing to Capital Campaign

CCHS Capital Campaign goals to fund professorships and chairs in Family Medicine are getting a boost from former residents in a Residents Drive led by Chief Residents for each graduating class of the Family Practice Residency Program since 1974.

The Gerald Wallace Chair of Family Medicine, the first for CCHS, was recently funded by a $10,000 contribution in honor of her late husband. Former residents have pledged $50,000 toward a second chair of Family Medicine since their drive began in January. Professorships in Pediatrics, Surgery, Internal Medicine, Behavioral and Community Medicine, Psychiatry and Neurology, and a chair in Obstetrics and Gynecology are also goals of CCHS’s Campaign.


William F. deShazo, M.D., Professor Emeritus of Family Medicine, who visited with many of the former Chief Residents to kickoff the drive, said he is very impressed with the success of CCHS-trained physicians. He and Dean Ficken made visits to family physicians in three states to launch the drive recently, with much encouragement by the former class members.

“Our alumni have been State President for American Academy of Family Physicians (AAFP) state chapters seven times,” said Dr. deShazo. Dr. Cathy Huggins (1982) was past President of the Georgia Chapter of the American Academy of Family Physicians where she was also named Family Practitioner of the Year. She was the speaker for the 1995 Residents’ Graduation dinner in June. Alabama Chapter President John E. Brandon, M.D., of Gordo, finished his CCHS residency in 1981, and Garry Magounik, M.D., of Fayette (Class of 1983), will succeed him next year as Alabama Chapter President. Michael McBrearty, M.D., of Fairhope (1976), and Preston A. McDonald, M.D., of Anniston, Alabama (1980), have also served as Alabama Chapter Presidents. In Louisiana, E. Edward Martin, M.D., from Mandeville (1984), is the upcoming State President, and Robert E. Lahasky, M.D., of New Iberia, Louisiana (1985), has also served as Louisiana State President.

Dr. deShazo (left) and Dean Ficken (right) talk with Dr. Cathy Huggins, a former Chief Resident who is helping with the Residents’ drive to fund a Chair in Family Medicine.

“I think that is a very impressive statistic for such a young program,” said Dr. deShazo. ”And our graduates who may not have a need for medical needs in their communities,” he added. “Some are delivering 30 babies a month while others are including Occupational Medicine with their family practices. We’re seeing a drop in the number of physicians in the rural areas. That’s one of the needs to be filled.”

The Integrated Science Project Director for Student Affairs, William L. Young, M.D., Director of CCF and Project Director for Integrated Science, said the Integrated Science Project, evolved from Bio-Prep, was begun during the 1991-92 school year. “In four years the project has grown over 1,000%,” he said, “and currently involves more than 120,000 middle school students in 15 states, and Quebec Province in Canada.”

Dr. Knopke said his objective to find and encourage rural, minority, and/or disadvantaged students who would be likely to succeed in college and medical school and then return to practice medicine in rural areas is being realized as students like Henry Townsend, M.D., Cedric Harris, M.S IV, and Alan Pickens, M.D., complete medical training.
Linda Jackson

second, losing to the incumbent), he said, though he activated for Desert also ran for mayor in 1985. He didn’t get very far in politics (he came in second, losing to the incumbent), he said, though he “beat Jesse Jackson’s $3; $10 cost per vote.” But he said his campaign taught him politics is about name recognition which requires finance. His name recognition did not get him elected, but the race made him “very well known in medicine!”

A former Marine, Dr. Stone was in a National Guard unit which was activated for Desert Storm in 1991. While Dr. Stone was at Redstone Arsenal training to go to the Middle East, the war ended. “Saddam Hussein quit when he heard I was coming!” he teases. But Desert Storm did change the course of his life. He did not return to his solo private practice even though Dr. Max McLaughlin, a retired general, had kept his Mobile office staffed with volunteers to keep his practice going during Dr. Stone’s absence. He turned instead to emergency room medicine which he had become involved in with Larry Sullivan’s staffing company in the Huntsville area during his Redstone stay. To be close to his daughter, Mary, who lives with her mother in Mobile and goes to Catholic high school there, he returned to South Alabama and settled at the Yacht Club in Daphne, where he can see the Bay from his window and “nobody comes by on a whim.” Dr. Stone staffs the Emergency Room at Knollwood Hospital, which is affiliated with the University of Alabama College of Medicine. He also worked part-time at the Mobile Infirmary emergency room, which he calls “the real world” as opposed to the “university world.” He likes “to keep in touch” with the older patients and the “real world” of “Old Mobile” that he sees at the Mobile Infirmary, he says.

Dr. Stone was wearing a Mobile Bar Association Run tee-shirt on the day we interviewed him. When we asked him what he said, “I’m the guy in the Azalea Trail Run of all times,” he said, “It’s hard to keep up with me!” He finds his training and experience useful in the “real world” of emergency medicine where any and all medical problems may present. And he misses the relationships a family physician has with his patients.

Dr. Stone went to medical school at Emory upon the advice of Dr. Gordon Barrett. He worked with Dr. Barrett at Georgia Medical Center, where Dr. Stone worked as a coordinator at the Regional Cancer Center running a tumor registry after he finished his stint in the Marines. He chose his next career will be that of a rock singer. He does enjoy the guitar, and he jokes that “I’m just a people a piece of your heart instead of a surplus of medical specialists by the year 2000.” He says, “Neurologists are now retitling to be primary care practitioners.”

He recalls the early days of CCHS when he came here in one of the first residency classes with a nostalgic smile. He said he doesn’t know where the doctors they recruit now, but Dr. (Bill) deShazo, then head of the Residency Program, took all of us out to a real hole-in-the-wall bar downtown, on our first night in town.” He still teases Dr. deShazo about “getting tired of working” (Dr. deShazo had a big family practice in Jackson, Alabama) and going to Tuscaloosa. But his respect for the program, his mentors, and his specialty are evident.

The ‘Gatekeeper’ concept of managed care bears out that there will be a surplus of medical specialists by the year 2000,” he says. “Neurologists are now retitling to be primary care practitioners.”

“Dr. deShazo and his wife Cindy, who live in Baldwin County where Dr. McBrearty practices family medicine and Mrs. McBrearty, according to more than one source, ‘are family practical medicine residency in Oklahoma but became dissatisfied with the meager oppor-

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Michael McBrearty, M.D.

Michael McBrearty, M.D., was Virginia-born and military-bred. His father retired from the Air Force and went to work at Redstone Arsenal in Huntsville, where Dr. McBrearty graduated from Butler High School. The second of seven children in the Catholic family, he always had his eyes on college. ("The first son, of course, was supposed to be a priest," he said.) His older brother is career Air Force.) Dr. McBrearty wanted to be a jet fighter pilot. He failed to get into Advanced ROTC at The University of Alabama because of a tennis injury to his knee. He majored in chemistry with minors in math and psychology and was required to whom much is given, much is taken.

He found his training and experience valuable in the “primary care” world of emergency medicine where any and all medical problems may present. And he misses the relationships a family physician has with his patients.

Nobody calls him on his car phone these days but Mary, he says. But this is the doctor who likes to say, “Give the people a piece of your heart instead of a piece of your mind.” Sounds like a family doctor to me.

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Herbert A. Stone, M.D.

Herbert A. Stone, M.D., a member of the Capital Campaign Steering Committee, was Chief Resident of the Tuscaloosa Family Practice Residency Program in 1979. He is profiled this issue in the series about the Campaign Steering Committee’s volunteers and associates.

Michael McBrearty, M.D., is the Chief Resident at CCHS. He is leading the 40th Birthday Campaign for the University of Alabama Hospital Foundation, the CCHS campaign is part of “The Campaign for Alabama,” the event which combines all of the University of Alabama, new at raising the Capstone in the top ranks of higher education.

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Robert J. Tyler, Jr., M.D., Florence

see her again for years and admits that he never thought he would marry a doctor’s daughter. “Her upbringing was so different from mine,” he says. Ironically, haging grown up in a doctor’s family, Cindy had determined never to marry a doctor. (Nevertheless, they are now married and parents of four children.)

When he finished medical school, Dr. McBrearty went to family practice residency in Oklahoma but became dissatisfied with the meager oppor-
tunities to do hospital procedures as a family practice resident. He was invited back to Tuscaloosa by Dr. Rutland, who was then Acting Director of the CCHS Family Practice Residency Program. He returned in July of 1974 and completed his residency in 1976. He and Cindy were married in November of his senior year of residency. She was completing her master’s degree in counseling at The University of Alabama. The McBreartys settled in Fairhope, which Cindy loved since her childhood visits there to see Rutland family friend Dr. Moon Mallins. Dr. McBrearty is past president of the Alabama Chapter of the Academy of Family Physicians. He applauds the trend which is bringing family physicians into prominence throughout the South. "We need to get broad-based support for family medicine," he said. "It’s a very rewarding practice. I have not heard of anyone who is thinking about leaving family medicine." At the same time, he worries that Alabama’s medical schools are not recruiting or producing enough doctors interested in primary care—especially family practice. He cites family physicians as particularly needed because of the relationships they form with patients that allow them to know histories and solve problems. "The family physician provides a generalized approach and can become a problem solver," he says. He attributes that to the influence of specialty medicine and the subspecialist facet in the medical school environment. These physicians look down on the LMDs (local medical doctors), he says, and do not convey that attitude to the students. While Dr. McBrearty cares for patients and energetically defends family practice on a political front, his wife goes quietly but effectively about her community activism. She has been on the Planning and Zoning Board of Baldwin County for fourteen years. She favors controlled growth, and she has pushed for sign control and landscaping. She has also been active in environmental causes, especially the efforts of Bahama United to ban Mobile Bay. She has been PTO president at her children’s schools and served as a school trustee for three schools. Her women’s service organization has loaned awareness and prevention programs in every county for short-term guests or tourists. There are four units, one upstairs and one downstairs in each little house across from the city pier and rose garden. The McBreartys say they look like little guest houses. "I enjoy coming over here," she says of her renovation and rental project. "When I straighten it up, it stays straight." Home is often chaotic, she explains, with family members and their busy lives. In addition to her community work and her children’s summer activities, she is getting everything ready for a family trip to Alaska in July. We have support at the McBrearty’s home where the floors are being refinished and Cindy apologizes for the furniture and boxes stacked haphazardly off the floors and in her way. Dr. McBrearty shows off his sports car collection. His only real hobby, he says. "His vice," says his wife. We sit on the front porch swing on a tree-lined street under a second-floor bay window which faces the street and displays a lighted shamrock. "We put a Christmas tree up there in December," says Cindy. "If we’re late getting it up, people call and complain. It’s like the community Christmas tree!" "I put the shamrock up for St. Patrick’s Day," she says. Then she decided it was appropriate for the McBrearty family to keep an Irish symbol in the window indefinitely. "Besides, there’s no where else to put it right now!" she says. After discussing the value of the CCHS program and its emphasis on family practice, the importance of keeping the primary care focus in medical education, and extracting a promise from the McBreartys’ son to send me a postcard from Alaska, I say good night to the first chief resident of CCHS and his family and go to spend the night in the playhouse. It was lovely!

Linda Jackson

Editor's Note: These are the last of the Steering Committee profiles I will be doing. It has been a special pleasure for me to get to know these committed volunteers who support CCHS's mission to train and place family physicians. They have been an inspiration to me in my work as editor of this newsletter and public information specialist for the Dean's Office. I urge you to join them in supporting medical education, especially the primary care mission of this college. The doctors we train are the ones who will be caring for us, our children, and our grandchildren. Surely we want the very best education for them.

Linda Jackson

AWARDS

M.D. Dr. Townsend also received the William R. Willard Dean's Award, which recognizes the graduate who best exemplifies the mission of CCHS to prepare exemplary primary care physicians. Named for the first dean of CCHS, the William R. Willard Award was presented by Dean Roland Ficken. M. Blane Schilling, M.D., who was Chief Resident in the CCHS Family Practice Residency Program in 1993, was named Community Physician of the Year. Dr. Rutland, who was then Acting Director of the CCHS Residency Program, practice family medicine and obstetrics in rural Pickens County. Dr. J. Henry Lipscomb, a third-year resident from the Huntsville program, was awarded the Larry Mayes Memorial Scholarship. He will use the stipend to help fund his study of primary care medicine in Thailand at Banglapa Baptist Hospital. The scholarship is named for former CCHS medical student Larry Mayes, who died while he was on a Community Medicine rotation in Africa.

The James H. Aker's Memorial Award to the Tuscaloosa senior medical student who best demonstrates the art and science of the practice of medicine was shared this year by Tracey M. Minderman, M.D., and Tres Chilby, M.D.

Guest speakers at Honors Convocation were E. Culpepper Clark, Ph.D., Executive Assistant to UA President E. Roger Sayers, Ph.D., and C. W. Scott, Jr., M.D., Associate Dean for Undergraduate Medical Education, University of Alabama School of Medicine.

Dr. Scott, called "a friend of this campus" by Dean Ficken in his introduction, congratulated graduates and said he routinely told medical students that they could get "a superior education in a family-like atmosphere" at CCHS. He commended the relatively new (1973) CCHS program, saying it was "an upstart, young program that has matured...indeed become prestigious."

Dr. Clark, standing in for Dr. Sayers who was detained by mechanical problems with an airplane in South Alabama, called the graduates "agents of change" in these "troubled times" as "Corporate America invades medicine." He exhorted graduates to make their education mean something and "make a difference." He called on our new doctors to deal with the "individuals who are your patients" even as "Big Business intrudes into the field which has been a personal effort to take care of the sick."