The Lister Hill Society, which provides private support for the UA College of Community Health Sciences, is undertaking a membership drive and renewal campaign to increase the active membership in the organization.

The Society is named for Senator Lister Hill who did so much to advance the health of all people in the United States as well as in Alabama. It is dedicated to the support and advancement of family medicine and community health throughout Alabama and the nation. Membership in the Lister Hill Society is composed of individuals, organizations, and corporations who have an interest in the advancement of health education, research, and service at The University of Alabama.

Members of the Lister Hill Society provide an invaluable source of private support by underwriting new programs, purchasing urgently needed equipment, and strengthening established programs in family medicine. The Society is designed to link health and medical leaders, especially alumni from The University of Alabama, directly with the affairs of the College, its medical education programs, its family medicine residency, and the Capstone Medical Center.

There are several categories of membership in the Society:

- Corporate: $10,000 or more
- Life: $5,000
- Patron: $250
- Sustaining: $100
- Active: $50

“We are asking our own full-time faculty and staff, as well as our adjunct and affiliate faculty, to join this Society to help support medical education in Alabama. The Lister Hill Society supports the CCHS mission to train and place primary care physicians in underserved areas,” said CCHS Dean Roland Ficken.

“Assistance from the Lister Hill Society has helped the College move swiftly toward its goals,” he said. The College’s Family Practice Residency Program is now one of the largest in the nation, with 36 residents being trained at any given time. Since the first resident graduated in 1976 and established practice in Fairhope, Alabama, 60 percent of CCHS graduating family physicians have remained in Alabama to practice medicine. Counting third- and fourth-year medical students, CCHS has 85 physicians in training here in Tuscaloosa.

“In order to maintain this impressive growth, the College of Community Health Sciences has specific needs for financial support from Lister Hill Society members. These include the establishment of medical student loans and scholarships; the purchase of library materials, audiovisual teaching aids, and laboratory equipment; funds for the construction of faculty office space and teaching facilities at the Capstone Medical Center; seed money for research related to the problems of rural health and clinical research relevant to primary care, and support for continuing education, consultation, and physician placement services for rural communities.”

At no time has the need for external support for the College been more pressing than it is right now. “Only 38 percent of our operating budget comes from the State of Alabama. This means that we must rely on external sources, including tuition, contracts and grants, alumni, and support from private donors,” said Dean Ficken. “In the past, support to the Society has enhanced our ability to train medical students and residents and has allowed for special honors to outstanding medical students and residents. It has also funded publications and special clinical meetings for medical students, our On Rounds newsletter for alumni and friends, computers for faculty and staff, and an indigent drug fund for needy Capstone patients.”

(continued on page 6)

**Armstrong Named Director of Family Practice Residency**

Marc A. Armstrong, M.D., has been appointed Associate Professor of Family Medicine and Director of the Family Practice Residency Program at CCHS. “Dr. Armstrong has fifteen years of practice experience as a family physician, did a fellowship in Family Medicine Faculty Development, and has valuable teaching experience in an affiliated program with Southwestern Medical School in Dallas,” said Dr. Alan Maxwell, Family Medicine Discipline Chief. “We are extremely pleased to have him join our faculty in this critical leadership role.” Interestingly, Dr. Armstrong was the first resident to enter the newly organized CCHS Family Practice Residency Program in 1974. When he arrived Dean Roland Ficken and Pediatrics Chief David Hefdelinger were new assistant professors—and he shows pictures of them to back up his reminiscences. He also shared the resident stipend schedules for his day—

$11,500 for first years, $12,500 for second years, and $13,500 for third-year residents—and a photo of the first sign in front of CCHS’s Family Practice Clinic.

Much has changed since then but he says he sees “a certain symmetry” in coming back as director. “After all,” he says, “I was here even before the building.” He takes pride in this Residency Program and its growth and development and wants to help maintain it as “the best it can be in training family physicians.” In addition to overseeing the Residency Program, Dr. Armstrong will see patients at the Capstone Medical Center, teach, and chair the Graduate Medical Programs Review Committee at CCHS.

“Family Practice is the only medical specialty that trains physicians to take care of every patient,” he says. “Family Physicians is not restricted by age or sex of the patient or by type of treatment. Family Physicians take care of sick people, they don’t just treat diseases.”

(continued on page 6)
Gresham Inducted As Fellow

Cathy L. Gresham, M.D., F.A.C.P. of Tuscaloosa, Alabama, was inducted as a Fellow of the American College of Physicians (ACP) in a ceremony held during the Society's 76th Annual Session, March 15-22, 1995 in Atlanta. Dr. Gresham, Assistant Professor in the Department of Internal Medicine at the University of Alabama School of Medicine, Tuscaloosa Program, College of Community Health Sciences, participated in another panel discussion to explore legal, ethical, and social issues involved in making life or death decisions. “Life or Death: Freedom of Choice or Abuse” was offered in conjunction with the joint conference of the Alabama Gerontological Society and the Southern Gerontological Society, April 18-22 in Birmingham. Other “Life or Death” panel members included an attorney, a nursing home administrator, a primary caregiver, and a clergyman.

Dr. Lorin Baumberger and Dr. John Gillum, from the UA Center for the Study of Aging, discussed “Aging With Lebensläng” as part of another panel discussion at this joint conference. Unprecedented numbers of adults with lifelong developmental disabilities such as mental retardation, cerebral palsy, and other impairments are surviving to later age. The panel members discussed successful programs in Alabama, Mississippi, and Virginia.

A special segment of the gerontological conference on caregiving and multigenerational community programs produced a report for the White House Conference on Aging in May, 1995. Almost one-half of American families are four-generational families. Baumberger has been selected as a delegate to the White House Conference on Aging. He said that there will be four focus issues at the White House Conference: health care; economic security; housing and support services; and maximizing quality of life.

For more information, contact Dr. Lorin Baumberger. The class on Aging is a Capstone Medical Center offering the graduate course on Aging.

CCHS Board of Trustees Meeting

At the May CCHS Board of Trustees meeting, held in Tuscaloosa, Alabama, the board heard reports from the CCHS Institute of Business Administration and the College of Continuing Education and Health Services.

The CCHS Institute of Business Administration has named John V. White as the new director. White has been serving as associate director of the institute since 1993.

The College of Continuing Education and Health Services has received a grant from the Alabama Department of Health and Human Resources to develop a new program in continuing education for health professionals.

CCHS Department of Continuing Education

The CCHS Department of Continuing Education has added a new course on computer literacy to its offerings. The course is scheduled for October 1995.

The department has also received a grant from the Alabama Department of Economic Development to develop a new program in business ethics.

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CCHS Medical Services Division

The CCHS Medical Services Division has announced the appointment of a new director, Dr. William V. Johnson. Johnson has been serving as interim director since the departure of Dr. Jerry McKnight.

The division has also announced the opening of a new clinic in Tuscaloosa, Alabama.

The division has also announced the opening of a new clinic in Tuscaloosa, Alabama.
Larry Mayes Society Meets
Scholarship Available to Medical Students

The Larry Mayes Society met on March 21 at 6:30 p.m. at the University Club in Tuscaloosa for dinner and a program. Neel Roberts, MS IV, presented information on medical conditions and practice during the Civil War. At the October 12 meeting of the Society, James E. Pollard, MS IV, spoke on “Daily Care of Percutaneous Gastrostomy Tubes.”

The Larry Mayes Society is an organization on the Tuscaloosa campus which gives medical students a chance to meet with faculty and residents informally in a social setting. Dinner meetings are held at the University Club four times a year and student speakers present medical issues or medical research for discussion.

The informal gatherings are a long-standing tradition for faculty and students of CCHS, but students officially named their society for Larry Mayes in 1986. Mayes was a senior medical student from Tuscaloosa who published a newsletter (articles published, community service, presentations or courses taught, honors, elected positions, career changes, etc.).

Notes from Alums

Dr. Cathy Creecham, assistant professor of Internal Medicine (left) and Tim Winkler, M.D., Associate Discipline Chief of Surgery, visit with Marc Warner, MS III, (right) at the University Club.

Wilson Larry Tucker, M.D., F.A.A.F.P., a native of Linden, Alabama (Chief Resident, 1981), is presently Medical Director of Urgent Care and Occupational Medicine in Rome, Georgia, a Georgia Health Plus Agency. He has completed the short course on occupational medicine at the University of California, San Francisco, and he employs a residency-trained occupational medicine physician. He says that his group averages approximately 750 drug screens per month and sees 30 workmen’s compensation patients a day.

“We have a full-time case manager and are in the process of implementing a computerized case management and communication system that will allow us to E-mail the work status report and the dictation of physician’s notes to local industry on a 4-6 hour time line. We will also be able to fax the dictation to industries that do not have computer mail capabilities,” said Dr. Tucker in a letter to Assistant Professor Jerry McKnight.

He also reported that seven of Urgent Care’s nurses and laboratory technicians “are certified BATs. Some were old bats before the training and I make sure they know this,” he said.

Alumn Update Form

University of Alabama School of Medicine

Tuscaloosa Program

College of Community Health Sciences

Check here:

CCHS Medical Student

Family Practice Resident

Name

first

middle

last

Address

Home Phone:

Office Phone:

M.D. degree awarded:

Name of Medical School

Date

Residency completed:

Specialty

Institution

Date

Additional training:

Specialty

Institution

Date

Practice site:

individual practice

group practice

hospital-based

public clinic

emergency room

Name of business, other clinic

Place of employment:

City

State

Other personal/professional news for publication in On Rounds newsletter (articles published, community service, presentations or courses taught, honors, elected positions, career changes, etc.).

Return to Linda Jackson, Editor, CCHS, Box 870328, Tuscaloosa, AL 35487-0328.

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Spring 1995

Sandral Hullett, M.D., center and other physicians are sworn in to committee responsibilities in Washington by U.S. Secretary of Health and Human Services, Donna Shalala (left).

Sandral Hullett, M.D. (Residency graduate, 1979) is medical director of West Alabama Health Services, Inc., a multi-service clinic in Eutaw, Alabama. WAHS services to six counties include primary care, dental care, adolescent and pediatric health care, nutrition counseling, maternal and infant care, social work, pharmacy, health education and preventive health care, and transportation. WAHS co-sponsors and provides practicum sites for an interdisciplinary health training consortium. Dr. Hullett was recognized as “Practitioner of the Year” by the National Rural Health Association in 1992.

Dr. Hullett consulted with White House officials on health care reform and is serving a three-year term on the Practicing Physicians Advisory Council for the Health Care Financing Administration in the U.S. Department of Health and Human Services. The Council is composed of 15 physicians from all over the country. Dr. Hullett said block grants “will definitely affect the kind of care we can give.” States will be deciding how federal health dollars will be spent, she said.

Neel Roberts, MS IV, (left) presented a program and slides on medical treatment and conditions during the Civil War at the March meeting of the Larry Mayes Society. (Above right) Ross Holman (left) president of the senior class of CCHS medical students, talks with Dr. Bill Wintersotts, Director of Medical Student Affairs, at the Larry Mayes Society dinner in March.

Larry Mayes in 1986. Mayes was a senior medical student from Tuscaloosa who died in January before his expected May, 1986 graduation. He was on Community Medicine rotation in Zimbabwe, Africa, when he died of encephalitis and pneumonia. The Larry Mayes Fund was also established to provide an annual scholarship award to a rising senior for study abroad. The award is given on the basis of grade point average, class rank, and an essay by the student on what he or she hopes to gain from study abroad. It is available to medical students on all three campuses of the University of Alabama School of Medicine.

For more information on Society meetings or the Larry Mayes Fund scholarship, contact the College of Community Health Sciences (CCHS) Office of Medical Student Affairs, Box 870378, Tuscaloosa, AL 35487-0378, Phone: (205) 348-1383.
UA Physician Appointed to National Family Practice Committee

Jimmie Denise Clark, M.D., a University of Alabama family physician, was recently reappointed resident representative to the Committee on Minority Health Affairs of the American Academy of Family Physicians (AAFP).

Clark, a native of Jackson, Mississippi, is a third-year resident in the UA College of Community Health Sciences Family Practice Residency Program. She earned her medical degree from Brown University School of Medicine in Rhode Island.

Clark said she became interested in medicine early in life and, upon learning about the obstacles limiting indigent people's access to health care, resolved to become a physician.

"Serving on the Minority Health Affairs Committee of the American Academy of Family Physicians has heightened my awareness of the vast health care needs of the minority population," she comments. "Our Committee has explored the impact that changes in the health care system will have on minority patients and physicians. This has renewed my commitment and made me determined to fulfill my role as a minority physician in the community, and also as a member of the American Academy of Family Physicians.

The AAFP is the national medical organization representing some 80,000 family physicians, family practice residents, and medical students.

The medical specialty of family practice encompasses comprehensive, continuing health care for all age groups and both sexes. Family physicians are medical specialists trained to treat 85-90 percent of patients' health care needs throughout their lifetimes.

Beall Joins CCHS Faculty

Colleen Beall, D.P.H., has been appointed Assistant Professor of Family Medicine and Adjunct Assistant Professor of Behavioral and Community Medicine at CCHS. Dr. Beall first came to CCHS as a graduate research assistant in 1986. She later became a project coordinator for Elder Abuse projects administered by the Center for the Study of Aging at CCHS before taking leave to complete her doctorate at UAB School of Public Health. She has published numerous articles in professional journals on gerontology, elder abuse, and Alzheimer's disease.

Dr. Beall served as Research Consultant in the Department of Epidemiology at the UAB School of Public Health from June, 1994 through January, 1995. She previously taught history at Lipscomb Junior High School in Jefferson County, was a laboratory assistant at Carraway Methodist Medical Center in Birmingham, coordinated family medicine education programs and provided counseling at Family Counseling Service of Tuscaloosa, and served as a consultant for the Alabama Developmental Disabilities Advocacy Program based at the UA School of Law.

As CCHS Assistant Professor, she teaches courses in "The Aging Process," "Research in Aging," and "Aging and Health Care." She is coordinating health education workshops for seniors at nutrition sites in West Alabama, and she will also be working with family practice faculty on curriculum issues and program evaluation. Her special research interests are epidemiological of chronic diseases, including cancers, and occupational diseases in women. She is currently editing a book on elder abuse with Dr. Lorin Baumphover.

A native of Birmingham, Dr. Beall "grew up on Red Mountain," graduated from Fairfield High School, and earned her B.A. in History and M.S. in Social Work from The University of Alabama. Dr. Beall is a member of Tuscaloosa Community Singers and is active in the Episcopal church. She lives with two well-fed (she says perhaps overfed) brown tabby cats. She has offices in the Center for the Study of Aging in Nott Hall (205) 348-1349 and in the Educational Tower at DCH (205) 348-1372.

In Memoriam


He was a Birmingham native and a family physician with Patient First Medical Center. He was board certified in family practice, the American Medical Association, the University of Alabama Alumni Association, and the National Water Ski Association. He attended Wildwood Presbyterian Church.

Survivors include his wife, Ilesha Brasfield, Tallahassee; his mother, Lois N. Brasfield, Montgomery; his father, M. S. Brasfield, III, Demopolis; two brothers, Martial N. Brasfield and David A. Brasfield, both of Montgomery; two sisters, Christiana Brasfield and Martha Leigh Butz, both of Birmingham; and-in-laws, J. F. and Wanda James, Tuscaloosa. Burial was at Elmwood Cemetery in Birmingham.

Two graduates of the CCHS Family Practice Residency Program returned to speak at Pre-Med Day on April 7. Dr. Michael McHenry (above) of Fairhope and Carol Johnson from Alabaster discussed "Life on the Front Line: the Practice of Primary Care Medicine."
The Continuing Medical Education Program at CCHS provides up-to-date information for practicing physicians and other health care professionals in addition to CCHS faculty members, residents, and medical students. Throughout the year, "Grand Rounds" on Fridays at 12:15 p.m. presents medical experts on a variety of topics. During July and August each year, a Medical Emergencies series offers treatment updates on acute care conditions that primary care physicians and emergency room doctors are likely to encounter.

In May, the University of Alabama School of Medicine, Tuscaloosa Program, CME Program joins with the Huntsville and Birmingham campuses of the University of Alabama School of Medicine to present "Primary Care Medicine Today," the third annual joint conference. It will be held in Huntsville, May 26-28, 1995. Topics include neck and back pain, HIV infections, "super bugs," attention deficit hyperactivity disorder, obsessive compulsive spectrum disorders, adolescent pregnancy and substance abuse, premenstrual syndrome, domestic violence, and health care crisis. Presenters include Dr. J. C. Reynolds, Dr. J. L. Moore, Dr. G. A. Simmons, Dr. A. A. Poole, Dr. M. P. Mathew, and Dr. M. A. Taylor, M.D., F.A.A.P., will serve on the faculty for the conference.

Dr. Yoder graduated from the University of Alabama School of Medicine in 1965, and completed his surgery residency at UAB in 1970. He served briefly in the U.S. Air Force in the Azores and at Carswell Air Force Base in Texas. He and his wife Beth hosted a reception for friends and alumni in the top ranks of higher education.

Dr. Robert H. Kirksey, Carrollton, Dr. Howard Gundy, Ph.D., Tuscaloosa, and Dr. Henry Hubbs, Ph.D., Birmingham, and Robert N. Kirby, Carlinston, Perry Mathews, Jasper, Victor Pote, Moundsville, Earl Robertson, M.D., Huntsville, William E. Backwell, Jr., M.D., Decatur, are careful to comply with new FDA concerns about commercial support.

The University of Alabama School of Medicine Continuing Medical Education (CME) Program (Huntsville, Birmingham, Tuscaloosa campuses) has been so successful that last year it received a six-year reaccreditation term awarded by the ACCME. UASOM Dean Harold J. Fallon said he considers the six-year reaccreditation especially noteworthy at a time when new and stricter standards are being implemented to respond to FDA concerns about commercial support.

"Our Tuscaloosa CME Program is careful to comply with new regulations," said Pamela E. Parker, M.D., Chair of the CME Committee. "Vicki Johnson, our new CME Coordinator, does a superb job in organizing the Grand Rounds schedule, and we have exceptionally cooperative and supportive sponsors for our CME programs. We are able to provide well-known expert speakers from medical specialties both within and outside of the state."

Pamela E. Parker, M.D.
Michael A. Taylor, M.D., F.A.A.P.

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For more information or to request a CME schedule, contact Vicki Johnson, The University of Alabama, College of Community Health Sciences, (205) 348-0003.

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Profiles

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Armstrong (continued from page 1)

Dr. Armstrong is a Fellow of the American Academy of Family Physicians and a Diplomate, American Board of Family Practice. He came to Tuscaloosa from Dallas, Texas, where he was Assistant Professor in Family Practice at the University of Texas Southwestern Medical Center. He also worked in the Homeless Medical Outreach Program at Parkland Memorial Hospital in Dallas. Prior to that, he was in private practice in Lewisville, Texas, and Centreville, Alabama.

The son of an Army officer, Dr. Armstrong grew up "all over," he says. He met Dr. Bill Owings of Centreville at Fort McClellan in Anniston, Alabama. Dr. Owings had been drafted out of his surgery residency and assigned to McClellan, and Dr. Armstrong's father was stationed there. Dr. Armstrong calls Bill Owings his mentor. He earned his M.D. degree at Tulane Medical School where Dr. Owings graduated. And he chose the Family Practice Residency Program in Tuscaloosa to be near him. He practiced with Dr. Owings in Bibb County before moving to Texas. He also covered Dr. Owings' practice for him in Centreville while he was on active duty in Saudi Arabia during Operation Desert Storm.

The opportunity to return to his "second home"—Alabama—came up about the same time he was tiring of commuting in traffic, city pollution, noise, and ozone alerts in Dallas. He is delighted to be back in Tuscaloosa, he says. "It's more like a small town, but it has the advantages of the University influence and activities," he remarks.

He was discussing his upcoming historical tour of Vicksburg with friends and their nine-year-old sons when I arrived to interview him. "It works out well," he told me. "We're all interested in history and we make yearly trips together. They have nine-year-old sons and I have the maturity of a nine-year-old." Hardly. Dr. Armstrong is preparing to teach a course in "Ethical Responsibilities of Physicians to Dying Patients." It is part of the Hospice Development Institute 1995 Tour of the British Isles. He previously helped teach a course in medical ethics for the Department of Philosophy at Sonoma State College in California in 1989. His interests and experience are wide-ranging. He has taught medics at the U.S. Coast Guard's Search and Rescue School. He is in the Coast Guard Reserve and serves two weeks active duty every year. He has published articles on Tuberculin testing (Journal of the American Board of Family Practice, May-June, 1995), universal health insurance, diagnoses made in a rural emergency room, tetracycline and minocycline, and (my favorite) "For Us, 'HMO' works well," he says.

Dr. Armstrong's breadth of experience—in both teaching and private practice—will be valuable in his role as Residency Director," said Dean Roland Ficken. "He brings a great deal to our program and we are pleased to welcome him to CCHS."

-Linda Jackson

Lister Hill (continued from page 1)

In addition to actively supporting CCHS and making a tax deductible donation to The University of Alabama, members of the Lister Hill Society receive a subscription to On Rounds, library privileges at the Health Sciences Library, and announcements of continuing medical education programs offered by the College of Community Health Sciences.

For more information, contact Vicki H. Johnson, Dean's Office, College of Community Health Sciences, P.O. Box 870326, Tuscaloosa, AL 35487-0326, (205) 348-0093.

Lister Hill Donors — First Quarter, 1995