PAL Helps Area Doctors With Referrals

CCHS and the Capstone Medical Center are helping doctors in rural areas to manage and follow their patients who are referred for specialized care.

"Capstone is providing a direct line for physician referral for a limited number of doctors in rural counties adjoining Tuscaloosa," said James R. Philp, M.D., Associate Dean of CCHS, the University of Alabama School of Medicine, Tuscaloosa Program.

"We are starting PAL (Physicians Access Line) on a limited basis and hope to expand to serve other medical practices as staff time permits," he said.

PAL is an effective 24-hour referral system for doctors who need to send patients for specialized hospital care. "Direct doctor-to-doctor exchange of patient information allows the referring physician to have input into his or her patient’s care as well as appropriate follow up," said Dr. Philp. "The PAL is designed so that patients will have access to the facilities at DCH, quality care, and a ready return to their own doctor or local hospital as soon as possible," he added.

Participating in PAL are John E. Brandon, M.D., Gordo; Robert Butler, M.D., and William Owings, M.D., Centreville; William Curry, M.D., Carrollton; and Garry Magouirk, M.D., Fayette.

Harrison Gets Occupational Medical Services

The Capstone Medical Center recently finalized a contract with Harrison Division of General Motors in Tuscaloosa. Capstone employs and supervises a full-time nurse on site at the local plant and provides a physician to staff a weekly clinic at the plant. John R. Wheat, M.D., has been designated as the plant physician, said Russell L. Anderson, M.D., Head of the Occupational Medicine Unit at Capstone. "Dr. Wheat is a specialist in occupational medicine as well as internal medicine," said Anderson, "and we have designated him as Harrison's Medical Director." Dr. Anderson and Jerry McKnight, M.D., who also practice occupational medicine at Capstone, help to staff the weekly clinics and also see patients who are referred by the on-site nurse as indicated.

"Capstone has a ‘menu of services’ to offer Harrison and other employers," says Wheat. He will be working with the nurse at Harrison, Billie McDaniel, to address health concerns at the plant, meet OSHA (Occupational Health and Safety Act, a federal law) requirements, and help personnel and benefits officers shape health policy.

"We hope to get Dr. Wheat's input into work safety and ergonomics at the plant," said George Whittaker, Harrison’s Personnel Director, "since many of our injuries result from repetitive motion, bending, or stooping." Whittaker said that General Motors decided to look for outside expertise when their full-time nurse retired. Officials wanted the services of both a doctor and a nurse and to formalize a relationship with a physician who specialized in occupational medicine. "This is good for us because of the expertise of the doctors at Capstone," he said. Plant managers hope that accommodating employees' health needs will help reduce absenteeism.

"We have a lot to offer employers," said John Maxwell, Capstone Medical Center Administrator. "We can provide physician and nursing services, and we have laboratory, obstetrics, pediatrics, psychiatry, and family and internal medicine specialists under one roof if patients need to be referred." Anderson and Wheat also stress the good working relationship with DCH Regional Medical Center, UAB, and the medical specialists in Tuscaloosa and Birmingham should referral, consultation, or hospitalization be needed.

Employees of Kansas City-Southern Railroad in the Tuscaloosa area are another new group receiving occupational medicine services. According to Dr. Anderson, Capstone doctors will be treating and managing job-related injuries, evaluating return-to-work status for employees who have been injured, providing pre-employment physicals, and conducting workman’s compensation exams.
NOTES FROM THE DEAN

Change

Those of you who are or have been associated with medical education know how difficult it is to effect even the smallest change in the curriculum. Among the reasons for reluctance to change are vested interests and, of course, tradition. Now there is the need for a change that is not just on the horizon but imminent. How we organize and are compensated for the medical care delivered by academic medical centers must be examined and adjusted. Like the curriculum, this change will also be a challenge because there is much vested interest in the way we have traditionally delivered care. And, much of that vested interest is in the way we are compensated for delivering care.

Managed care is a health care delivery system that we must eventually accommodate. To be a successful participant, planning for this change must already be well underway. The 1993 meeting of the Association of American Medical Colleges produced an agenda dominated by plenary sessions and small conferences on the topic of managed care. It ranged from the delivery of care, to the nature of the organizational structure, to faculty development, to curriculum change for residents and medical students all in the context of a managed care environment.

It is clear that academic medical centers must plan their role in this new health care system. The 1993 AAMC publication by the Group on Institutional Planning entitled "Strategy for Change in Medical Schools and Teaching Hospitals" included three hundred different strategic plans in process by the medical schools in the United States. They understand the message. We live in interesting times.

Clinical Campuses

At the last two meetings of the Association of American Medical Colleges and the June 1993 annual meeting of the American Medical Association, the Deans of Clinical Campuses such as ours met for the first times. This Dean's group has been organized by Michael Friedland, M.D., Dean of the State University of New York Health Science Center Clinical Campus in Binghamton, New York. At both the 1992 and 1993 AAMC meetings, Donald Kassebaum, M.D., Secretary of the Liaison Committee on Medical Education and an Associate Vice President of the AAMC, met with us. The Secretary has urged this group to - there are 11 campuses - to focus our research on those areas in which we have a particular capability and the proper environment. This appears in most cases to be epidemiology and the delivery of care. And, we are encouraged to pursue innovation in medical education. In many instances these schools have a focus on primary care so at this time we are also politically correct.

An opportunity now exists for the clinical campuses to work as a consortium in pursuing federal funding for research in the delivery of care, epidemiological studies and educational innovation. We are especially fortunate to have a faculty with the skill and determination to carry out such initiatives.

CCHS Resident Appointed to National Family Practice Committee

Family physician Jimmie Denise Clark, M.D., of Tuscaloosa, was recently appointed resident representative to the Committee on Minority Health Affairs of the American Academy of Family Physicians (AAFP). The AAFP is the national medical organization representing family physicians and medical students.

Dr. Clark, a native of Jackson, Mississippi, is a second-year resident in the CCHS Family Practice Residency Program. She earned her medical degree from Brown University School of Medicine in Rhode Island. Dr. Clark became interested in medicine early in life and, upon learning about the obstacles limiting indigent people's access to health care, resolved to become a physician.

Family physicians are the medical specialists who provide continuing, comprehensive health care services for individuals and their entire families. They are residency-trained to treat up to 90% of all patient visits.

Headquartered in Kansas City, Missouri, the 75,000-member AAFP was instrumental in establishing the medical specialty of family practice in 1969. It also was a pioneer in continuing medical education (CME) by requiring its members to earn 150 hours of approved continuing medical education (CME) every three years.
Dr. Robert Gloor, retired associate professor of Behavioral and Community Medicine, died of a heart attack in January of 1994. Dr. James Leeper, his colleague, friend, and department chairman, shared the following eulogy at his funeral:

We are gathered in fond memory of Dr. Robert Frank Gloor. I would like to share with you some of the facts of Bob's life and some of my personal observations.

Bob was born on February 16, 1926 in Stoneham, MA — his beloved New England. He spent seven years of his childhood in North Conway, NH. It was particularly there that he developed his love of nature and fondness for hiking in New England mountains and forests. Truly, New England was always home.

Following military service as a corporal with the Navy and Marines during World War II in the Pacific and Southeast Asia, including Okinawa, Guadalcanal, and China, Bob earned a Bachelor of Arts degree in South Lancaster, MA, married Terri on September 4, 1949, and graduated Magna Cum Laude in 1950. His first child was also born that year. He then attended medical school at Loma Linda University in California, graduating with his medical degree in 1954. His second daughter was born while he was a medical student. Following a one year internship in Rhode Island, Bob was a general practitioner in Corinna Maine from 1955-59. He also served as a school physician and local health officer and fathered three sons during this time.

With a wife and five young children in tow, Bob spent the next three years as medical director and general practitioner at the Seventh-Day Adventist Far Eastern Island Mission Medical Clinic in Guam. While there, the Gloop adopted a sixth child. After coming back to Maine for a year and experiencing the birth of another child, they returned to the South Pacific for two more years where Bob was Health Supervisor in the Trust Territory of the Pacific Islands, Saipan, Mariana Islands. Upon leaving in 1965, the Saipan Municipal Legislature issued a Certificate of Citation: "Commendations and thanks are given to Dr. Robert F. Gloor for his outstanding service rendered to the people of Saipan beyond call of duty. He has worked untiringly in his efforts to improve the welfare and living standards of all the people in this Municipality. He is honored as a Gentleman and a Fine American and is awarded this Certificate of Citation."

At this point Bob began his academic career. After obtaining a Masters of Public Health degree from the Harvard School of Public Health in 1966, he became an assistant professor in the Department of Community Medicine, College of Medicine, University of Kentucky stationed as a field professor at Somerset, KY to supervise medical students in community-based activities. He was the first field professor in this newly developed discipline of community medicine. After four years, Bob returned to New England for three years as Assistant Director of the Tri-State Regional Medical Program and Coordinator for New Hampshire. He conducted numerous projects and developed several programs during this time dealing with community needs and health planning. He was also a clinical associate professor of community medicine at Dartmouth Medical School. He received the following Certificate of Appreciation from the New Hampshire Heart Association in 1973: "Appreciation for the counsel you have so willingly provided this Association, and this state, in heart disease programming, for the significant lessons you have given many in the skill of communication, and for your considerable role in developing and maintaining the warm and close working relationship between the Regional Medical Program and the Heart Association. We, the Board of Directors of the New Hampshire Heart Association, hereby present this Certificate of Appreciation to Robert F. Gloor, M.D." Bob then returned to Kentucky for three years as field professor and Regional Director of a Respiratory Disease Program.

In 1976 Bob came to Tuscaloosa as Associate Professor of Community Medicine in the College of Health Sciences, University of Alabama School of Medicine. He directed the community medicine experience for medical students for 12 years until his retirement in 1988. During these 12 years he taught other courses and seminars, published a number of papers and articles, and was directly responsible for the education of many medical students.

He spent some seven years of his childhood in Stoneham, MA — his beloved New England.

Robert F. Gloor, M.D., M.P.H.

Robert E. Gloor, M.D., M.P.H.

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EULOGY FOR

ROBERT F. GLOOR, M.D., M.P.H.

by

James D. Leeper, Ph.D.

Social Services at Capstone

Social services are available at Capstone Medical Center to help patients with support services. "We try to support our patients with any psychosocial problems they may have, especially if the problems compromise a patient's health or exacerbate an existing physical illness," said Katherine RouLaine, Capstone social worker.

According to Ms. RouLaine, patients can receive various counseling services. Counseling is available concerning disability eligibility, financial concerns, bereavement, and supportive counseling for special needs. If time permits, she works one-on-one with patients to coordinate a plan with them for services that help meet their particular needs. "This might include accompanying a patient to a particular agency or going to a disability hearing with a patient," she said. "I try to intervene on the patient's behalf as an advocate for the patient's rights." RouLaine says that a basic tenet of social work is the client or patient's right to self-determination, so she works with that assurance that the patient is involved in all decisions made in their behalf.

Capstone is a sub-contractor of the Birthright Maternity Program at the Tuscaloosa Health Department. Through this program, Medicaid (SOBRA) patients are referred to Capstone when they need delivery. Medicaid pays for all prenatal appointments, emergency room, visits which are pregnancy related, delivery and anesthesia, hospital stay, and 60-day post partum care, including birth control and post partum checkpoints. During the pregnancy, every patient is required to have three social work sessions with the Health Department social worker housed at Capstone. The social worker, Lana Grantham, assists with patient needs. Through SOBRA, the patient's baby is automatically enrolled in Medicaid for one year.

Ms. RouLaine connects patients with a wide variety of community, state, and federal services. This involves follow up with the particular agency or service. Through the Capstone Social Services program, patients unable to afford needed surgery might be referred to Tuscaloosa Rehabilitative Services. The goal of this agency is to get the unemployed back into the work force; therefore, they may pay medical expenses if a patient is considered trainable in a particular skill in order for them to go to work.

Patients who cannot afford the medications they need might be referred to Tuscaloosa Emergency Services for at least partial help with their medications. The elderly are often referred to Focus on Senior Citizens where many agencies work with that age group to at least part of the patient's medications from pharmaceutical companies that have indigent drug funds. "We have a drug fund for indigent Capstone patients when no other source of funding is available," she said.

If Ms. RouLaine can help the patient, she can coordinate home care, if needed, and locate dental service, eye care, or home health nursing care or homemaker services.

For more information, contact Katherine RouLaine at (205) 348-9944, or call the Capstone Medical Center at (205) 348-1770.
Faculty Busy With Research, Publications, and Travel

James D. Leeper, Ph.D., Discipline Chief of Behavioral and Community Medicine, presented a paper with Glenn Hughes, Ph.D. and Sandral Hullett, M.D., M.P.H. at the Interdisciplinary Health Care Team Conference last September. The paper’s title: “Rural Alabama Health Professional Training Consortium.” In January, 1994, Dr. Leeper attended the Interdisciplinary Rural Training Grant Workshop in Rockville, Maryland. At that meeting he presented “Evaluation of Rural Alabama Health Professional Training Consortium.”

Pat Norton and Jeff E. Jones, M.D., of Family Medicine, Mingjai Wang, and C. George Tulli, Jr., published “Incongruence of Existing Practice Management Curricula Content and Actual Medical Practice Need” in the February, 1994 issue of Family Practice.

Cindy L. Dedmon, M.D., attended the American Academy of Family Physicians Annual Scientific Assembly in October, 1993, and Paul D. Mozley, M.D., Chairman of Ob/Gyn, attended “Continuing Medical Education Abroad” in Greece and Turkey, also in October.

William R. Shamblin, M.D., Clinical Professor of Surgery, attended the Priests’ Society Meeting in Monterey, California, and the American College of Surgeons Meeting in San Francisco, both in October, 1993. Michael R. Watkins, M.D., who was recently honored by his OB colleagues, attended the OB Progress Meeting in Birmingham in February.

Chris Nagy, Ph.D., is working with several faculty members in the Medical School and in other colleges to make presentations. One is “Predictors of Immunization Status Among Rural African-American Infants” for the Association for the Care of Children’s Health in May, 1994, with James Leeper, Ph.D. and Sandral Hullett, M.D.

Jerry McKnight, M.D., presented “A Survey of Alabama Adolescent Sexuality: A Comparison With National Data” to the Medical Association of the State of Alabama (MASA) Scientific Symposium in January, 1994. Chris Nagy, Ph.D., Steve Nagy, Ph.D., and A. Adcock co-authored this paper. Dr. Nagy worked with Peggy Jesse, Ph.D. on “Translating Research Into Practice: Implications for Serving Families With Young Children” for the Headstart Research Conference in November, 1993. Cathy Gresham, M.D., and Deborah Poteet Johnson, M.D. were co-authors. Dr. Nagy was co-presenter with Steve Nagy, Ph.D. and A. Adcock in October, 1993, for the American Public Health Association. Their topic was “A Comparison of Risky Health Behaviors of Sexually Active, Sexually Abused, and Abstaining Adolescents.”

Robert E. Pieroni, M.D., is serving as consultant and medical director for a two-year grant funded by the National Institutes for Health (NIH). The project is entitled “Prediction of Work Tolerance in Encapsulating Protective Clothing From Simple Field Tests.” Dr. Pieroni has received Diplomate and Fellowship status in Internal Medicine, Allergy/Immunology, Quality Assurance, and Geriatric Medicine. He was recently recertified by the American Board of Family Practice. He will appear in “Who’s Who in Science and Engineering”.

Capstone Medical Center Has Growth in Patient Care

In the past ten years, the Capstone Medical Center has nearly doubled the amount of patient care it delivers. Physicians on the faculty of the School of Medicine here at the College of Community Health Sciences (CCHS) practice medicine at Capstone, and resident physicians and medical students see patients at Capstone as part of their training. In 1983, 8,586 patients made 27,520 visits. In 1990, 31,672 patients made 41,972 office visits to the Capstone. In 1993, 13,813 patients made 53,967 office visits. The Capstone Medical Center (CMC) offers a comprehensive array of health care services. Since the CMC is home base for the Family Practice Residency Program, more than half of all patient visits are made in the Department of Family Practice. The remaining visits occur in Obstetrics and Gynecology (13%), Pediatrics (13%), Internal Medicine (9%), Psychiatry (5%), Occupational Medicine (2%), and Surgery (1%).

Chris Nagy

Dr. Bob Ireland, Assistant Professor of Family Medicine (left) listens to Chief Resident Craig Buettner, M.D., during a break in their clinic schedules at Capstone. They both treat patients in the Family Practice Clinics at CMC.

A Capstone patient watches her baby on ultrasound with Dr. Denis Perez, Assistant Professor of Obstetrics and Gynecology, and former CCHS medical student Dr. Jeff Hopkins, (right).

Medical technician Laura Stauffer (left) and lab director Sherry Wedgeworth examine blood tests in Capstone’s laboratory.
Capstone Medical Center Offers Variety of Patient Care

In 1983, 8,586 patients made 27,320 visits. In 1990, 11,672 patients made 41,972 office visits to the Capstone. In 1993, 13,813 patients made 53,967 office visits. The Capstone Medical Center (CMC) offers a comprehensive array of health care services. Since the CMC is home base for the Family Practice Residency Program, more than half of all patient visits are made in the Department of Family Practice. The remaining visits occur in Obstetrics and Gynecology (15%), Pediatrics (13%), Internal Medicine (9%), Psychiatry (5%), Occupational Medicine (2%), and Surgery (1%).

Number of Patient Visits by Year

- Graphics by Bobby Selwyn
Diabetes Support Group Meets at Capstone

The Diabetic Support Group is for individuals with Diabetes Mellitus who also need to lose weight. Anyone is welcome, and it is free of charge. Meetings are held the second Thursday of the month in the Carrel Room at Capstone Medical Center from 12 noon to 1 p.m. The purpose of this group is to provide education and support about Type II Diabetes as a service to the community. The group is coordinated by Margaret Garner, R.D., Department of Family Medicine. Diabetes Mellitus makes up 90% of the population with diabetes. Eighty percent of those patients are overweight, according to Garner. "We thought the best way to help patients—both ours and others in the area—was to establish a support group," said Garner. Presentations on a variety of topics such as nutrition, stress, medical management of diabetes, and exercise are included, and discussion afterwards deals with group and individual concerns.

For more information, contact Renee Lyons at the Capstone Medical Center, 348-2884.

Capstone’s Pediatric Clinic Offers Wide Array of Medical Services

We also assist our County Health Department by seeing their patients, upon referral, who have more complicated problems which need the evaluation of a qualified pediatrician. Each week for one-half day clinic, we use our office space and nursing staff for a special clinic supported by a Perinatal Grant. In this clinic Dr. Hanseek Choi, a leading neonatologist, sees patients who are graduates of the High Risk Nursery. The appointments are scheduled exclusively by his office at DCH Regional Medical Center. Monthly local allergy specialists, Drs. John Dishuck and Steven Helm, see our patients with continued allergic symptoms which our pediatricians feel need further evaluation and testing.

Cardiologists, Drs. Edward Colvin, Douglas Pearce, and Walter Johnson from the University of Alabama School of Medicine, Birmingham, offer their services, also on a monthly basis, to our patients who need further evaluation of suspected congenital or pre-existing heart conditions.

Through the years our faculty has developed a close working relationship with the Children’s Hospital of Alabama. Their highly specialized physicians are an asset to health care in this area. Our pediatricians routinely refer our patients with special needs to the Children’s Hospital for further evaluation and treatment when needed.

Childhood immunizations are crucial to insure a healthy future for our children. We are proud of the aggressive immunization program we offer our patients. Because we are a teaching facility, we use the updated knowledge of our faculty, residents, medical students, and staff to educate our patients and their parents to the importance and advances of childhood immunization.

Recently our department installed a TV and VCR so our patients could view their favorite movies while they wait for their appointment. This was received very well with that big purple dinosaur being #1, of course.

The childhood years should be remembered as healthy and happy times. We are proud that we are able to be a part of that quest.

Teresa Cook
Charge Nurse, Pediatrics

"MediKids" Program at Capstone Provides Health Services

Children and youth who are Medicaid eligible receive a number of screening and preventive services at Capstone Medical Center through the MediKids program. MediKids is the name given to Alabama’s EPSDT program. EPSDT stands for Early Prevention Screening Diagnosis and Treatment and is a federally mandated program to provide preventive services to children from birth to 21 years of age who are eligible for Medicaid. The services provided through MediKids are separate from and in addition to the standard Medicaid services and allowances, according to Dr. Michael Taylor, a CCHS faculty member and pediatrician at Capstone Medical Center.

The intent of the MediKids program is to provide preventive and continuous health care to a relatively high risk population. This is an effort, says Dr. Taylor, "to prevent disease when possible through education and to ameliorate disease processes by early identification and initiation of treatment before the problems can become more complex and more difficult (and expensive) to treat!"

To accomplish these goals, the MediKids program provides for a series of screenings on a regular basis which includes the following:

1) Medical screenings (includes laboratory and immunizations)
2) Vision screening
3) Hearing screening
4) Dental screening

The medical screenings include developmental and nutritional assessments, laboratory evaluations, and anticipatory guidance to assist families to improve the overall health and welfare of their children through education.

The current recommended schedule to provide screenings follows the American Academy of Pediatrics recommendations for health screenings and is as follows:

1. 2, 4, 6, 9, 12, 15, 18 months of age
2. 3, 4, 5, 6 years of age
3. 8, 10, 12, 14, 16, 18, 20 years of age

Dental screenings are every 6 months starting by age 3 years. Any problems identified during screenings are referred to appropriate providers for treatment.

The MediKids program is an excellent comprehensive preventive health care program available to all Medicaid eligible children in the State of Alabama. If all who are eligible participated (children and health care providers), the health and welfare of Alabama’s greatest resource (the children) would be greatly enhanced. It is my hope that the coming health care reform will make these services available to all of Alabama’s children," says Michael Taylor, M.D., F.A.A.P., who is an Assistant Professor of Pediatrics at CCHS.
Shamblin's Interests Broad
Painting, Travel, Bicycling, and Medical Education
Take Up His Time Outside of Surgery

William R. Shamblin, M.D., Clinical Professor of Surgery at The University of Alabama School of Medicine, Tuscaloosa Program, is a Tuscaloosa native. He said he always knew he would come back during the ten years he spent away starting his medical career. He graduated from The University of Alabama in 1959 and earned his M.D. degree from Tulane Foundation Hospital in New Orleans and trained in general surgery at Mayo Clinic and the University of Minnesota in 1968. He served in a military practice at Fort Benning in 1959 and earned his M.D. degree from Tulane and the University of Minnesota in 1968. He served in a military practice at Fort Benning in 1967-68 before returning to set up a private surgery practice in Tuscaloosa. He has a particular interest in vascular surgery and bariatric surgery in which he partitions the stomach to help a patient overcome obesity.

Dr. Shamblin's interests are broad—he says he "played basketball when short people could play," but he now favors bicycling around the University and historic sections of Tuscaloosa with his wife Kay, a surgical intensive care nurse, to whom he was married last year in Hawaii. He also likes snow skiing, golf, and travel. He is a season ticket holder to Crimson Tide athletic events and was present at the Sugar Bowl victory which sent the 1992 national football championship for the University of Alabama. He sent his four children through the community are associated with the medical school here," he says. "And students love this campus because they get more attention."

Shamblin helped start continuing medical education (CME) at Druid City Hospital and commends the medical school for improving CME and thus greatly contributing to the success of the medical school.

His history with CCHS and his attachment for his Tuscaloosa home both contribute to his desire to see medical education here be the best it can be. He is proud of the surgical program that CCHS has built, he cares about students, and he is helping CCHS to launch a successful Capital Campaign, raising funds for endowed faculty chairs and professorships.

Linda Jackson

Profiles
Volunteers who serve on the CCHS Capital Campaign Steering Committee are working to make the vision to replace permanent chairs and professorships for Medical faculty at the University of Alabama School of Medicine, Tuscaloosa Program. The CCHS campaign is part of "The Campaign for Alabama," the most ambitious private fund-raising effort ever launched at The University of Alabama, one aimed at putting the medical school at the forefront of the health-care industry.

On ROUNDS profiles Dr. Bill Shamblin of Tuscaloosa. He helped found this branch of the medical school, and now he is helping to raise funds for it.

Health Sciences Library Expands Access to MEDLINE on CD-ROM

During the past few months, Health Sciences Library patrons have often had to wait to use the CDP MEDLINE computer. This has been frustrating for CCHS personnel who want immediate access to the computer for searching information about a patient problem. To alleviate the proble, the Health Sciences Library is installing a CDP Peer network for searching MEDLINE.

The CDP Peer network will consist of two patron computers and a server computer for library staff use. The network will allow simultaneous searching from all three computers. One of the patron computers will be designated as being for first priority use by CCHS personnel.

As with the current computer the CDP network will expand search options while the new version of the software will expand search options while making this program very popular with medical students and residents. "Almost all of the surgeons and surgical subspecialists in the community are associated with the medical school.

Bill Shamblin, M.D.

uses oils and acrylics. "I want to paint when I retire," he says. "I hope to train in New York or Europe and learn more about techniques for impressionist painting."

Dr. Shamblin, who served as Chief of Surgery for CCHS in 1975, worked hard to bring recognition to the surgical training program here. He and the doctors recruited as clinical faculty have been extremely successful, making this program very popular with medical students and residents. "Almost all of the surgeons and surgical subspecialists in the community are associated with the medical school.

Library Barbara Doughty helps a patron of the Health Sciences Library with a computer search.
CME Sponsors Special Emphasis Series

The University of Alabama Capstone Medical Center sponsors a Premenstrual Syndrome Clinic in the Ob/Gyn Department. The Clinic, a research project of Paul D. Mozley, M.D., CCHS Chairman of Obstetrics and Gynecology, provides screening, diagnosis, and recommendations for treatment to women who suffer from premenstrual syndrome (PMS). Premenstrual syndrome is a condition that affects women's reproductive years and causes a significant amount of pain and suffering. Many centers are conducting research, and Dr. Mozley, who is a psychiatrist and a gynecologist, has been studying this condition for several years. Premenstrual syndrome is always composed of two parts: one is emotional and one is hormonal. If a woman's suffering is entirely emotional, then she does not suffer from premenstrual syndrome; if the condition is entirely hormonal, it is not premenstrual syndrome. The premenstrual syndrome sufferer always has both an emotional and a hormonal component to her disorder,” says Dr. Mozley.

Another special emphasis week on Health Care Reform issues is scheduled April 24-28. Topics and speakers are:

- Monday, April 24 - “Problems of Rural Health Care Delivery,” Bill Curry, M.D., Carrollton
- Tuesday, April 25 - “Managed Competition,” John Durant, M.D., Vice Chancellor for Health Affairs, UAB
- Wednesday, April 26 - “Impact of Health Costs on Industries,” Jon Anderson, Vice President/Treasurer, Gulf States Paper Corporation, Tuscaloosa
- Thursday, April 27 - “Viewpoint of Organized Medicine,” Jon Sanford, M.D., Fayette
- Friday, April 28 - “Overview of Health Care Reform,” Wilmer J. Coggins, M.D., Dean Emeritus, CCHS

Special emphasis on Emergency Medicine topics is scheduled for the months of July and August, with over thirty noon conferences. For more information on CME presentations or credit, contact: Shirley Florence, Dean's Office, University of Alabama School of Medicine, Tuscaloosa Program, Box 870326, Tuscaloosa, AL 35487-0326. (205) 348-7707.

PMS Clinic at Capstone is Research/Service Oriented

The experience in this clinic consists of four visits. During the first visit, an intake interview is conducted by an experienced gynecologist/psychiatrist, a "Feelings Record" to record emotions during the menstrual cycle is begun, and specific laboratory studies ordered. During the second visit, a registered art psychotherapist conducts psychological testing and interprets art productions. During the third visit, the physician conducts a complete physical examination of the patient. The fourth visit is a consultation concerning all data collected, including laboratory findings and data gathered by the art therapist: the diagnosis; and a determination of the type of premenstrual syndrome from which the patient suffers. Then recommendation for treatment specific and appropriate for the particular patient's condition is made. This clinic sends a summary of its findings and recommendations to referring doctors.

All information and results of the evaluations are interpreted by a physician and discussed with the patient. For more information on the Clinic, call (205) 348-1398.